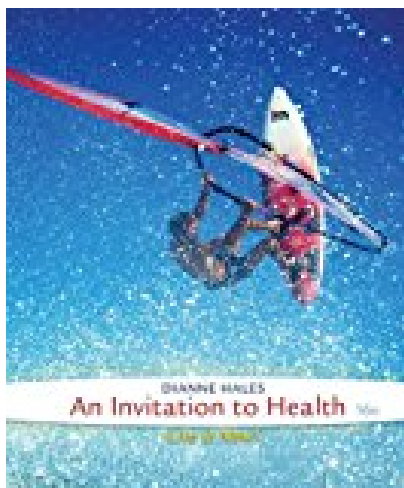


An Invitation to Health



BOOK DETAILS

- Author : Dianne Hales
- Pages : 704 Pages
- Publisher : Brooks Cole
- Language : English
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BOOK SYNOPSIS

In this new edition of the market-leading personal health text, Dianne Hales invites you to a future of healthy living by providing the information and tools they need to make healthy changes NOW. Delivering the most current and thorough coverage available, AN INVITATION TO HEALTH: Live it Now! integrates a comprehensive range of health concepts related to body, mind, and spirit with a wealth of applications for students' lives, including a new chapter on Consumer Health. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

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